

# **CEHS Class of 2020 Graduation**

**Will you be**  
**ready?**

# **Resources to help YOU!**

The school counselors will be giving you A LOT of information this year! Please read your email and schoology posts.

Your senior year it is important to know what is going on!

There are deadlines for many of the opportunities and we don't want you to miss out. If you are feeling overwhelmed or that you don't know what you want to do with your future, THAT IS OK!

Come and talk to us anytime!!



**PLEASE  
PASS THE  
LOVE**



**CommUnity**  
Crisis Services

**It's okay to not be okay.**

**CHAT:**

**[IowaCrisisChat.org](https://IowaCrisisChat.org)**

**CALL/TEXT:**

**1-855-325-4296**

# LET'S TALK MENTAL HEALTH: A COMMUNITY CONVERSATION

FREE EVENT | NO REGISTRATION | CHILDCARE PROVIDED | LIGHT REFRESHMENTS  
EVERY STUDENT, EVERY DAY | TAKING CARE OF OUR COMMUNITY

**WHEN:** Monday, October 28th

**TIME:** 5:30pm-8:00pm

**WHERE:** Cedar Falls High School

**WHO:** Students, Families, Community Members



## SCHEDULE

5:30-6:00 Vendors

6:00-7:00 Keynote Speaker Joan Becker

7:00-7:15 Vendors

## SESSION TOPICS

Pressures of High School & the College Transition,  
Teen Addiction, Anxiety with a K-12 Perspective,  
Suicide Prevention, A Trauma Informed Community

# **We are very fortunate.....**

- Holly Grimm-See
  - Hawkeye Community College
- Carah Mabry
  - UNI-CUE (Center for Urban Education)
- Kristin Woods and Rachel Larsen
  - UNI

# Happening Soon!!!

- ★ SENIOR Presentation with Parents-Monday, September 9th at 6:00 p.m.
- ★ Individual SENIOR meetings with your counselor starting next week!
- ★ Make an appointment-[GO TO CFHS Counseling Website and book a meeting!](#)

# What is your **GRADUATION STORY?**

1. Have you made an OFFICIAL visit to your list of colleges?
  - a. UNI College visit on Friday, September 20th-Get permission from counselors.
2. Have you done a job shadow? September 20th is the deadline for 1st semester. See sign up on Schoology.
3. College Application Week is September 30 to October 4th
  - a. Visits with college admissions counselors and filling out applications. We will also be filling out your FSA IDs to prepare for the FAFSA completion.
4. FAFSA is open OCTOBER 1st-Know your college deadlines
  - a. A lot of help is available throughout the year starting October 7th with John Holland.
5. Have you talked to a military recruiter?
  - a. ASVAB at CFHS on November 20th. Sign up available.

# What about these scholarships???

- ❑ [CFU Scholarship for 3 CFHS students!](#)
  - ❑ Schedule your job shadow NOW!!
- ❑ [Future Ready Iowa Last Dollar Scholarship](#)

## HAWKEYE COMMUNITY COLLEGE

### Link:

[Hawkeye Community College](#) 

### Locations:

Waterloo, Cedar falls, Independence, Holland

### Future Ready Iowa can help pay for:

Ag Power Technology

Associate Degree Nursing

Automotive Service Technician and  
Mechanics

Bus and Truck Mechanic and Diesel Engine  
Specialist

Buyers and Purchasing Agents, Farm  
Products

Civil & Construction Engineering Technology

Construction Equipment Operation

Dental Assisting

Dental Hygiene

Electronics Engineering Technology

Emergency Medical Services

Heating and Air Conditioning

Medical Assistant

Medical Laboratory Technology

Network Administration & Engineering

Occupational Therapy Assistant

Physical Therapist Assistant

Police Patrol Officers

Respiratory Care

Sustainable Construction and Design

Web Programming & Development

Welding Technology/Welder



# Scholarship Websites

- What if I really want to apply for scholarships now?
  - [FASTWEB](#) -also has a resume template that is really great!
  - [RAISE.ME](#)
- [Cedar Falls High School Counseling Scholarship Page](#)



Find a clearer path to college, earlier

Earn micro-scholarships from colleges for your achievements as early as 9<sup>th</sup> grade

Paying for school just got easier.

Fastweb is your connection to scholarships, colleges, financial aid and more.

START YOUR SEARCH

# Reminders

- Transcript requests are on [Xello](#).
- ACT deadline for October 26th test is September 20th.
- Schedule Accuplacer with your school counselor if you need to retake to get cut scores.
- Applications for early graduation is October 1st. Get paperwork from your school counselor. Need parent and administration approval.
- [Top 10 Dates for the Class of 2020](#)
- [Class of 2020 Senior Handbook](#)
  - Why is it important to read this handbook?



I WENT TO COLLEGE. ASK ME HOW!

Iowa College Application Campaign

Name: Susan Langan - H...

College: University of Nor...

Degree: B.S. Marketing Ed...  
4292 - School Counselor

COLLEGE YOU CAN GET THERE

SAFESPACE



...ing March 25, 2019

... & Weather Details

7:30 - 8:30
8:30 - 9:30
9:30 - 10:30
10:30 - 11:30



BOISE



# School Counselors Can Help...



## **Academic**

- Stay focused in classes
- Keep your grades up
- Use academic zone
- NCAA Eligibility
- Time Management



## **Personal/Social**

- Coping Skills
- Relationships
- Substance Abuse
- Mental Health counselor
- Family Concerns



## **College/Career**

- Job Shadowing
- Military
- Apprenticeships
- Employment
- College applications
- Transcripts
- Letters of recommendations
- Scholarships

# Other folks who can help you this year.....

- **Emily Conrad**-Blackhawk Grundy Mental Health
  - Mondays-Wednesdays- Fridays
- **Holly Grimm-See**- Hawkeye Community College
  - Tuesday AM
- **Chris Wood**-College/Career Counselor
  - Tuesday and Thursday afternoon
- **Kelly Kobliska**- Cedar Valley Career Connections-Set up job shadows
  - Wednesday afternoons
- **Jill Burhow**-Pathways -Substance Abuse evaluations
  - Thursday mornings
- **Jill White**- Together For Youth-pregnancy tests/STD tests
  - As needed
- **Carah Mabry**-UNI EOC





**Thank  
You!!!**

# Finishing up

- Senior Start Survey
- Line up-Front rows first

MEASUREMENT FORM  
UNDERGRADUATE

#11287  
04/13

COMPANY COPY

PLEASE PRINT

2477700

LAST NAME

Jones

CHECK ONE



CHECK ITEMS ORDERED

LINE 1  CAP, GOWN, & GRAD TASSEL (UNIT)

QUANTITY

AMOUNT

\$

FIRST NAME

John

MI

WEIGHT

200

LINE 2  SOUVENIR TASSELS

MINI TASSEL W/KEYRING

MEMORY TASSEL W/CLASS SIGNET

MEGA TASSEL W/MEGA SIGNET

LINE 3  GOWN ONLY

LINE 4  CAP ONLY

LINE 5  GRAD TASSEL ONLY

LINE 6  OTHER

CAP SIZE

HEIGHT WITH SHOES

HOME ROOM

PHONE:

NAME SCHOOL:

CITY:



MISC.  
SUB TOTAL  
TAX  
TOTAL  
AMOUNT PAID  
BALANCE DUE

FILL OUT  
LIKE THIS